

# Topic 11 – KEEP FIT, STAY HEALTHY

## A : A check – up (A1)

### I. New words:

- +medical(adj.): (thuộc) y học, y tế
- medical check-up (n) : khám sức khỏe tổng quát
- medical record (n) : hồ sơ bệnh lí
- +temperature (n) : nhiệt độ
- +high (adj.) : → height (n) : chiều cao
- +scales (n) : cái cân
- +weigh (v) : cân
- +measure (v) : đo lường
- +normal (adj) : bình thường
- +°C : Celsius, degree centigrade: độ C

### II. Remember :

#### 1. Polite Request

Would you open your mouth , pleased ?

#### 2. Past Simple Tense

Hoa and Lan filled the medical record and gave them to the nurse.

### III. Read and number the sentences:

## UNIT 11 KEEP FIT, STAY HEALTHY

### A A check-up

#### 1 Listen. Then practice with a partner.

The students of Quang Trung School are having a medical check-up. Hoa, Lan and Nga filled in their medical records and gave them to the nurse. Now they are waiting to see the doctor.



- Nurse:** Pham Thị Hoa ?  
**Hoa:** Yes.  
**Nurse:** Follow me, please. First, I need to take your temperature.  
**Hoa:** OK.  
**Nurse:** Would you open your mouth, please? Thank you.  
That is 37°C. That's normal.  
Now I need to know your height. Would you stand here please, so I can measure you?  
**Hoa:** Like this?  
**Nurse:** That's fine. You're one meter 45 centimeters tall.  
**Hoa:** Wow! Last year I was one meter and 30.  
**Nurse:** Now I need to weigh you. Would you get on the scales, please?  
**Hoa:** Oh. I'm 40 kilos.  
**Nurse:** That's good. You can go back to the waiting room now. The doctor will see you in a few minutes.  
**Hoa:** Thank you.

Now answer. Number the sentences.

- a) The nurse weighed Hoa.
- b) Hoa returned to the waiting room.
- c) Hoa left the waiting room.
- d) The nurse called Hoa's name.
- e) The nurse measured Hoa.
- f) Hoa filled in her medical record.
- g) The nurse took Hoa's temperature.
- h) The nurse told Hoa to go back to the waiting room.

# Topic 11 – KEEP FIT, STAY HEALTHY

## A check – up (A2, A3)

I-Learn smart world – SB p 27

### I. New words.

+Forename (n) : tên

+surname (n) : family name, last name: họ

+male (n) : con trai, giống đực

+female (n) : con gái, giống cái

+weight (n) : cân nặng

Grammar: The Present Simple Tense

Wh-questions : Which...?; Where does he...? ; What is this? ; How is he?

**-How + adj +be +S...? ⇔ What's the N + of + S...?**

### II. Listen then write the missing words

Doctor : I want to ( 1 ) ...you a few questions before I start , Hoa ( 2 )...old are you ?

Hoa : 14

Doctor : And ( 3 )...height is one meter ( 4 ).. centimeters ?

Hoa No. I think I'm ( 5 )...The nurse measured ( 6 )..

Doctor : Oh . How ( 7 )... Are you ?

Hoa : One ( 8 )....45( 9 )....

Doctor :I ( 10 )...ask the ( 11 )...to check your ( 12 )....again . How heavy are you ?

Hoa : I ( 13 )... I'm 42 kilos

Doctor : ( 14 )..... It says your ( 15 )....that you're 40 kilos

### III. Ask and answer questions:

## 3 Ask and answer questions with a partner.

One of you is A and the other is B. Look at your copy of the medical record and cover the other copy. Fill in the missing information.

These question forms will help you.

Which ...?

What is his ...?

Where does he ...?

How ... is he?

He goes to  
Nguyen Du School.

What is his  
weight?

A

Which school  
does he go to?

He is  
41 kilos.

B

A

### MEDICAL RECORD

School : Nguyen Du School

Class : \_\_\_\_\_

#### FULL NAME

Forenames : Van Kien

Surname : \_\_\_\_\_

Address : \_\_\_\_\_

\_\_\_\_\_

Male  Female

Age : 12

Weight : \_\_\_\_\_ kg

Height : \_\_\_\_\_ cm

B

### MEDICAL RECORD

School : \_\_\_\_\_

Class : 7A

#### FULL NAME

Forenames : \_\_\_\_\_

Surname : Tran

Address : 66 Ham Long Street,

Ha Noi

Male  Female

Age : \_\_\_\_\_

Weight : 41 kg

Height : 140 cm

## **Topic 11 – KEEP FIT, STAY HEALTHY**

### **B – What was wrong with you? (B1)**

#### **I. New words**

- + sick: đau ốm
- + sick note (n) : giấy chứng nhận sức khỏe
- + cold (n) : sự lạnh nhạt
- + headache (n) : đau đầu
- + virus (n) : vi rút

#### **II. Remember :**

1/What was wrong with you?

-I had a bad cold.

2/ Did your mother write a sick note for you?

-No, she didn't.

#### **1 Listen. Then practice with a partner.**

**Mr. Tan:** Where were you yesterday, Lan? You didn't come to school.

**Lan:** I had a bad cold. I had a headache, too.

**Mr. Tan:** Oh dear! You were sick. How do you feel now?

**Lan:** I feel OK, but I'm a little tired.

**Mr. Tan:** Oh, you should stay inside at recess. The weather's awful today. Did your Mom write a sick note for you?

**Lan:** No, she didn't. But I have this note from the doctor.

**Mr. Tan:** That'll be fine. Oh, I see. You had a virus. I hope you will be OK.

**Lan:** Thank you.

*Now answer.*

- a) Why didn't Lan go to school yesterday?
- b) What was wrong with her?
- c) What does Mr. Tan tell Lan to do?
- d) What did the doctor say about Lan's problems?
- e) Who wrote Lan's sick note?